Empower Your People

During this highly interactive training, participants learn and practice the many different ways to step in and speak up to help others in difficult situations. This highly-effective approach, referred to as “bystander intervention,” creates a positive culture of inclusivity, mutual support, accountability, and personal empowerment.

How It Works

Our program facilitator integrates your organization’s policies, procedures, and values into our program to create a training tailored to your unique audience and goals. Then, we provide a highly-participatory 2-hour Bystander Intervention training, which includes group interaction, relatable examples, practice scenarios, skill-building exercises, and ample time for Q&A. These programs are inspiring and highly effective.

What Is Covered

• Definitions and examples of assault and harassment; Myths vs. Facts
• How to recognize subtle and early warning signs
• What to do and say to intervene and help others in a difficult situation
• Best practices for creating safe and inclusive cultures
• How to confidentially report violations and what resources are available to help

MEET THE FACILITATOR

Corielle Heath Laaspere

— is the Founder and President of liftUPlift Worldwide. She is a Sexual Violence Prevention Educator with over 10-years of experience and 120-hours of Facilitator training. She holds dual degrees in Psychology and Sociology from Lehigh University and a M.A. in Public Relations from the University of Southern California.